

Pool Schedule

December 17-23, 2017

* 2 Lap Lanes Open for Lap Swimmers. Qualified swimmers under the age of 14 may swim laps during these times

** Senior Swim-Seniors may take the Water Workout class or use the deep end of the pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
POOL OPENS @ 12:30	Adult Swim 5:15-9:00	Adult Swim 5:15-8:30	Adult Swim 5:15-9:00	Adult Swim 5:15-8:30	Adult Swim 5:15-9:15	POOL OPENS @ 6:00
		*Hydro Circuit 8:30-9:15		*Hydro Circuit 8:30-9:15		Adult Swim 6:00-9:00
		Water Walking 9:15-10:00		Water Walking 9:15-10:00	Bridgeway 9:30-10:30 Pool Rental 10:30-11:30	
	Aqua Zumba 10:00-11:00	Arthritis & Mobility 10:00-11:00	Aqua Zumba 10:00-11:00	Arthritis & Mobility 10:00-11:00		
	Adult Swim 11:00-1:30	Adult Swim 11:00-1:00 MDH Aqua PT 11:30-1:00	Adult Swim 11:00-1:30	Adult Swim 11:00-1:00 MDH Aqua PT 11:30-1:00	Adult Swim 11:30-1:30	Adult Swim 11:00 - 1:00
	Water Workout **Senior Swim 1:30-2:30	Pool Cleaning 1:00-3:00		Pool Cleaning 1:00-3:00		
Adult Swim 12:30-1:30	*Open Swim 2:30-3:20		*Open Swim 2:30-3:20	*Open Swim 3:00-5:00		*Open Swim 1:00 - 4:30
*Open Swim 1:30-4:30	Swim Team 3:20-5:05		Swim Team 3:20-5:05		*Open Swim 1:30-5:00 MDH Aqua PT 2:30-5:00	
	Adult Lap Swim/ Aqua Zumba 5:15-6:00	Adult Lap Swim/ Open Swim 5:00-7:15	Adult Lap Swim/ Hydro Circuit 5:15-6:00	Adult Lap Swim/ Open Swim 5:00-5:50		
POOL CLOSES @ 4:30				Swim Team 5:50-7:15	Adult Lap Swim 5:00-5:50	POOL CLOSES @ 4:30
		Aqua Fit/ Adult Swim 7:15-8:00		Aqua Fit/ Adult Swim 7:15-8:00	*Open Swim 6:00-8:00	
	*Open Swim 7:00-9:00	*Open Swim 8:00-9:00	*Open Swim 7:00-9:00	*Open Swim 8:00-9:00	Pool Closes @ 8:00	

Pool Closes @ 9:00 p.m. Monday through Thursday

Please help keep the pool safe and contaminate-free by following these simple rules:

- Children under the age of 8 are required to be accompanied in the water by a responsible adult/guardian.
- No flotation suits allowed in the deep end or for a swim lesson.
- Always shower before entering pool.
- Wear only shoes dedicated to the pool or have bare feet on the pool deck.
- Only toys provided by the YMCA are allowed in the pool.
- Non-swimmers may bring a Coast Guard approved PFD for shallow end use ONLY.
- Only swimsuits allowed in pool – no street clothes.

SCHEDULE SUBJECT TO CHANGE

Contact Aquatics Director Laura Hutchins: 309-833-2129



Revised 11/28/2017