

Pool Schedule

OCTOBER 1 - DECEMBER 9 2017

* 2 Lap Lanes Open for Lap Swimmers. Qualified swimmers under the age of 14 may swim laps during these times

** Senior Swim-Seniors may take the Water Workout class or use the deep end of the pool

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
POOL OPENS @ 12:30	Adult Swim 5:15-8:15	Adult Swim 5:15-8:30	Adult Swim 5:15-8:15	Adult Swim 5:15-8:30	Adult Swim 5:15-8:15	POOL OPENS @ 6:00
	*Waterobics 8:15-9:15	*Hydro Circuit 8:30-9:15	*Waterobics 8:30-9:15	*Hydro Circuit 8:30-9:15	*Waterobics 8:15-9:15	Adult Swim 6:00-9:00
	Adult Swim Clinic 9:15-10:00	Water Walking 9:15-10:00	Adult Swim Clinic 9:15-10:00	Water Walking 9:15-10:00	Bridgeway 9:30-10:30 Pool Rental 10:30-11:30	Adult Clinic/ Adult Lessons 9:00-9:45
	Aqua Zumba/ Y D-C Lessons 10:00-11:00	Arthritis & Mobility 10:00-11:00	Aqua Zumba/ Y D-C Lessons 10:00-11:00	Arthritis & Mobility 10:00-11:00	Adult Swim 11:30-1:00	Swim Lessons 9:45-11:30
	Adult Swim 11:00-1:30	Adult Swim 11:00-1:00 MDH Aqua PT 11:30-1:00	Adult Swim 11:00-1:30	Adult Swim 11:00-1:00 MDH Aqua PT 11:30-1:00		Adult Swim 11:30 - 1:00
	Adult Swim 12:30-1:30	Water Workout **Senior Swim 1:30-2:30	Pool Cleaning 1:00-3:00	Water Workout **Senior Swim 1:30-2:30	Pool Cleaning 1:00-3:00	Rental 1:00-1:30
*Open Swim 2:30-3:20		*Open Swim 3:00-3:30	*Open Swim 2:30-3:20	*Open Swim 3:00-3:30	Water Workout **Senior Swim 1:30-2:30	
*Open Swim 1:30-4:30	Swim Team 3:20-5:05	Swim Lessons 3:30-5:00	Swim Team 3:20-5:05	Swim Lessons 3:30-5:00	*Open Swim 2:30-5:00 MDH Aqua PT 2:30-5:00	
	Adult Lap Swim/ Hydro Circuit 5:15-6:00	Adult Lap Swim/ Open Swim 5:15-6:00	Adult Lap Swim/ Hydro Circuit 5:15-6:00	Adult Lap Swim/ Open Swim 5:15-6:00		
POOL CLOSES @ 4:30	Swim Lessons 6:00-7:00	Swim Lessons 6:00-7:00	Swim Lessons 6:00-7:00	Swim Lessons 6:00-7:00	Adult Lap Swim 5:00-5:50	
	*Open Swim 7:00-9:00	Aqua Fit/ Adult Swim 1 Lane 7:15-8:00	*Open Swim 7:00-9:00	Aqua Fit/ Adult Swim 1 Lane 7:15-8:00	Swim Team 6:00-8:00	
		*Open Swim 8:00-9:00		*Open Swim 8:00-9:00	Pool Closes @ 8:00	

Pool Closes @ 9:00 p.m. Monday through Thursday

Please help keep the pool safe and contaminate-free by following these simple rules:

- Children under the age of 8 are required to be accompanied in the water by a responsible adult/guardian.
- No flotation suits allowed in the deep end or for a swim lesson.
- Always shower before entering pool.
- Wear only shoes dedicated to the pool or have bare feet on the pool deck.
- Only toys provided by the YMCA are allowed in the pool.
- Non-swimmers may bring a Coast Guard approved PFD for shallow end use ONLY.
- Only swimsuits allowed in pool – no street clothes.

SCHEDULE SUBJECT TO CHANGE

Contact Aquatics Coordinator Jenny Malone: 309-833-2129



Revised 9/18/2017